

Shattered Reality

by Kimberly Cheryl

Count Your Blessing...they can be snatched away in an instant.

When a child You Love is Sexually Abused the best way for you and the survivor to make it through this process is to view it as a mutual journey. You may be picking up this book because you want to understand the impact that sexual abuse can have on a family - this is our story. As a parent, you will be asked to endure many things but to do that, you need to take the time to shift your focus from the survivor and the survivor's problems to yourself - your needs, your feelings, your history, the places you can grow.

Hopefully within my story, you will find validation for your feelings. I hope my words will inspire you and reassure you that you're not alone in this struggle. I hope it helps you eventually come to some resolution - to make peace with your past and move on. The only necessity as far as healing is concerned is forgiving yourself... a parent can not be every where at all times. This process need not be hurried. It is appropriate and courageous to fight back in any way you choose. There will eventually come a time when what you feel about the abuser and the destruction they have caused in your life will become less important than what you feel about yourself, your current life and yours and your child's future. Eventually, you will be able to say "My child and I are my primary concerns. Whether the abuser rots or not is not my problem. I'm going on with my life."

Shattered Reality not only is my story but shares my 14 year olds perspective of the abuse she endured for 3 years. It is her story of healing as well and is a testament to the strength and courage of the human spirit. In the end, I hope it gives hope to all who read it, that they can move forward after a traumatic experience and rewrite life's script.

He is a master manipulator, our perpetrator, our destroyer of dreams, the one who Shattered our Reality....As a parent, dealing with my daughter's pain, the hardest part is trying to keep all the pieces of my life from spinning out of control. It's as if my life is broken into pieces. Similar to that of a jigsaw puzzle. When I get some of the pieces put together and try to reach for more pieces, the first set flies in the opposite direction....I feel like everything is in a state of brokenness... Everyone is Talking About "Shattered Reality"...Don't Miss Your Chance

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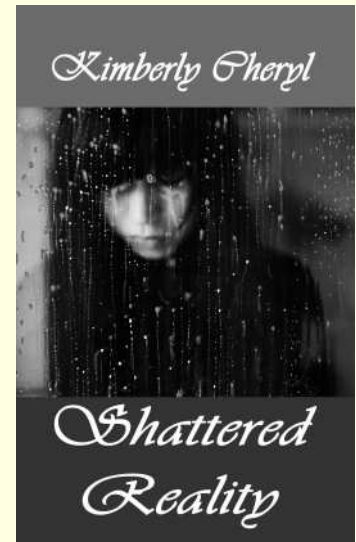
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